

# 12 HOURS SAILING

#### **Description**

To sail autonomously for 12 hours on a racing yacht cruise. Assignment and management of different positions, rotation of watch, navigation and organisation of meals are punctuated with regular debriefings on the boat.

## **Objectives**

- Helping the leading team see, in a training and athletic setting, the primary challenges that every business faces.
- · Organising and sharing roles according to the skills and rhythm of everyone.

## Human relationships developed

- Communication
- Collaboration
- Collective intelligence

#### Specific skills & behaviours

- Perseverance
- Interactivity & authenticity
- Sharing & solidarity
- Individual responsibility







#### **INFORMATION**



From 6 to 10 participants Teams from 6 to 10 persons

From May to September



Only outdoors



12 heures



Lake of Geneva, departure from Geneva



Sailing jacket & pant, cap, sunglasses, sun cream

# Price & quotation on request

#### INCLUDED

- Sailing boat and skipper
- Supervision and animation Food & beverage
- Organisation

#### NOT INCLUDED

- Sailing clothes CHF 25.-